

THE PURDUE UNIVERSITY CALUMET CHRONICLE

Week of September 14th, 2019

http://www.pucchronicle.net

9/11: We will never forget



Gina Barone
News Editor

September 11, 2001 is often referred to as a tragedy; however it was so much more. It was heartache that swept through the entire nation and beyond. Every person around the globe was stricken with sorrow, disbelief, rage, grief and utter helplessness. For PUC students and faculty there was no exception, eight years later the ache is still eminent.

"As I was getting ready for work this morning, the song America the Beautiful was playing," said Janet Navarro professional advisor, "I began to sing along, when suddenly tears filled my eyes and I had to stop singing. I listened to the words of the song, remembering 9-11. The song ended and the disc jockey came on the air saying it was 7:46 a.m. (8:46 a.m. New York time), 8 years ago on this day, America was attacked by terrorists."

On September 11, 2001 terrorists hijacked four commercial airplanes, flying two of them into the world trade center buildings, one into the pentagon and one that never made it to its intended destination because of heroics of passengers and flight crew.

Almost every person can vividly recall where they were when they first heard the news. 9-11 was a day that began like any other and quickly spiraled into devastation.

Gloria Roldan-Schieb director of student life was a flight attendant for American Airlines at the time, "The day before our plane was late and we missed our

connecting flight. So we checked into a hotel in Denver. I remember the phone ringing early the next morning. It was my husband. All he said was 'call your Mom'. I kept asking why and he told me to turn on the TV. When I did, they were replaying the plane crashing into the first tower. I just felt numb. I was trying to think of all the people I knew. They change the flight crews all the time...it could have easily been me on one of those planes."

The news quickly traveled around the globe. Yan Duan an international student, who was in China at the time, clearly remembers being in school the morning of 9-11, "I still remember the image of the first tower burning, then seeing the second one hit. We could not believe it, we were just shocked." Duan also stated that 9-11 continued to be front page news for weeks, "The media kept updating the news of the dead, including 2 Chinese passengers. It was a terrible day not only for America but also for the whole world because people of all nationalities died."

Chancellor Howard Cohen had just begun his appointment as Chancellor on July 1, 2001 and had only been in office a short time. The morning of 9-11 he had received numerous phone calls, one of which he was relieved to hear from his sister who lived in Manhattan. After which Chancellor Cohen went to campus to see what he could do to help PUC students, faculty and staff to deal with what they were seeing.

Though every person remembers the tragic events of

the day, they also remember how the entire nation as well as other nations began to come together to help and support one another.

"I think that at the time most Americans felt violated and vulnerable," said Chancellor Cohen, "but then rather quickly there was an outpouring of pulling together. I would say that determination to not let terrorism succeed was the predominant sense of the country"

After the attacks Roldan-Schieb didn't know if she could go back to work as a flight attendant. "It was one of the hardest decisions I ever had to make. But my dad told me, 'If you don't get back on that plane, they've won,' so I did."

The nation pulled together, strong and brave. None more so than the countless civilian, police, firemen, and armed forces who fought and continue to fight for our country.

Kim Frazier the Veterans Certifying Official reminds us that for many, this anniversary is a time to remember the US troops serving abroad. "This is a time for everyone to reflect and be thankful for everyone that bravely sacrificed their time to not only save countless people but also saving the U.S. Capitol from destruction."

On this anniversary of 9-11 PUC remembers the courage of those who fought. Mourning the lives lost, but commits to memory their bravery. Remembering how people across the globe came together in support of one another.

9-11 We will never forget.

Dobson leaves SGA

Gina Barone
News Editor

Last week the student government association had an unforeseen surprise. The senator from the school of technology, David Dobson suddenly resigned. Dobson informed the SGA he regrets not being able to serve the needs of the students in the school of technology but he is certain that another student will step up

to fill his position.

The reason for Dobson's abrupt relocation however is a pleasant one. Despite the economic downfall, Dobson has received a job opportunity in Florida. He will be moving to Florida with his wife and children shortly. Along with the warm weather and sea breezes, Dobson will be reunited with family members who live in the area.

The SGA president

David Ober expressed his disappointment of Dobson's unexpected resignation. However Ober congratulated Dobson on what is sure to be a great job opportunity. Dobson will be missed as he was a great advocate for the students of PUC.

However now the question is, who will fill Dobson's shoes? The SGA has already begun the search to see who the next senator from the school of technology will be.

THINK YOU HAVE WHAT IT TAKES?

Students in the School of Technology
should contact the SGA:

Email: pucstudent.gov@gmail.com

ADMINISTRATIVE

update

Introducing **ALERT ME!**
an emergency text messaging system

During this week's observance of National Emergency Notification Month, campus officials are introducing an emergency text messaging system we're calling **ALERT ME**. Those who subscribe to **ALERT ME** will receive to their cell phones brief text message alerts of important announcements that may affect the status of campus operations.

The following Q&As provide more information about **ALERT ME**.

Q: What is ALERT ME?

A: **ALERT ME** is a mass notification tool that enables the University to make emergency notification announcements to students, faculty, staff, family and community members.

Q: What type of messages, and how much information will ALERT ME transmit?

A: **ALERT ME** will communicate to subscribers' cell phones brief text messages—up to 120 characters—that relate to circumstances and/or conditions that may interrupt normal campus operations. Subscribers who receive **ALERT ME** messages will be instructed to go to the Purdue Calumet home page for more details about the alert.

Q: Who can enroll to receive ALERT ME messages?

A: All students, faculty and staff are eligible to receive email alerts to their PUC-provided email address. Through the **ALERT ME** web page, campus individuals also may "opt in" to receive text messages via their cellular provider. Additionally, there is a link on the **ALERT ME** web page that contains a form family members can use to list their contact information. PUC then will add those individuals to the **ALERT ME** system.

Q: How/where do I enroll?

A: At the Purdue Calumet web site, access the **ALERT ME** icon on the home page, then click "Sign me up." The **ALERT ME** URL is www.calumet.purdue.edu/alertme. You also can access **ALERT ME** from Emergency Preparedness and University Police web pages.

Q: After I enroll, when can I expect ALERT ME to alert me?

A: After you enroll, you can send yourself a test text message by selecting "Test Messages" in the **ALERT ME** sidebar. Parents and community members will receive a test text message when they sign up. You then will receive messages when the PUC administration determines that **ALERT ME** notification is appropriate.

Q: What will it cost me to enroll in ALERT ME?

A: Enrollment costs nothing. The cost of receiving **ALERT ME** text messages is contingent on the text messaging agreement you have with your cellular provider.

Q: What if my contact information changes after I have enrolled in ALERT ME?

A: You can record the changes at the **ALERT ME** URL.

Q: Who will authorize transmission of an ALERT ME message?

A: Campus administrative leadership will do so.

Q: What other ways can students gain emergency/crisis-related information relating to our campus?

A: The Purdue Calumet web site — www.calumet.purdue.edu — is intended to be the most current and comprehensive source of critical information. **ALERT ME** messages will be detailed and updated on our web site with the most complete information available. Additionally, Northwest Indiana and Chicago radio & TV stations will be informed whenever decisions are made to interrupt PUC operations. On campus and at the Academic Learning Center in Merrillville, the PUC community also will be informed via public address announcements within buildings, electronic message boards, and various signage.

Q: Why was ALERT ME selected rather than another text messaging system?

A: Although a case can be made for various text messaging systems, the **ALERT ME** system, we believe, best satisfies our objective of subscribers receiving crucial PUC messages in a timely manner.

What's Going On?
A Look Around...**National Coming Out Days-Sponsored by Counseling Center**

The Counseling Center is sponsoring National Coming Out Days October 12th & 13th in SULB Concourse 11:00 a.m. - 2:00 p.m. Coming out can be one of the most challenging events in your life, but also the most rewarding. Stop by our table and pick up information on coming out. For more information, please call 989-2366 or stop by Gyte-5.

Calling all Student Orgs!

The Annual Student Organization Mandatory Training is scheduled for Friday, September 18th at the Calumet Conference Center from 11:00 a.m. - 3:00 p.m. Student Organization officers or representatives are required to attend. Please register at <https://esc.calumet.purdue.edu/ccld/calendar/showAllEvents.asp>. Contact the Office of Student Activities at 989-2369 or studentactivities@calumet.purdue.edu if any questions. IV game night

GMAT Test Preparation

Prepare for this challenging exam with practice on real GMAT questions and proven tips and strategies. Next course runs Sept. 12 through Oct. 24. For more information, e-mail som@calumet.purdue.edu.

Electoral College Discussion

In celebration of Constitution Day on Sept. 17, The League of Women Voters of the Calumet Area will hold a panel discussion and question session on abolishing the electoral college. The event will be held in Y Jean Chambers Hall from 3:30 p.m. to 5:30 p.m. Professors Wendy St. Jean and Frank Colucci will contribute. For more information, call LWV President Linda Trinkle at (219)805-3314.

Rush 2009 begins

Alpha Psi Lambda will start its first co-ed Rush this semester. Requirements include a minimum cumulative GPA of 2.5, must be enrolled in at least six credit hours and not a member of any other

social fraternity.

For more requirements, contact Mike Vargas at (219) 545-8607 or Amando Dominguez (219) 256-2484.

Off the Map Auditions

The Purdue Theatre Co. will hold auditions for the fall play, Off the Map by Joan Ackerman on Thursday, September 24 from 6pm to 8pm; Friday, September 25 from 2pm to 4pm; and Saturday, September 26 from 10am to noon. All auditions will be held in YJean Chambers Hall, rm 353 SUL. Auditioners for the six parts (3 men, 2 women, 1 girl) should plan on a cold reading from the script. Parts will be announced Oct 1. Call 989-2357 or 989-2267 for more information.

Training available for Co-curricular Transcript

The Office of Student Activities is hosting walk-in training sessions to answer your questions, to walk you through the Co-curricular Transcript process, and to accept your completed forms.
Wed, 9/23, 4:30pm-5:30pm, SUL-150F
Thurs, 9/24, 10am-11am, CLO-154
Thurs, 10/1, 1pm-2pm, SUL-150F
Wed, 10/7, 5pm-6pm, CLO-214

Family Movie Night Fridays return

Bring your family and watch "Hotel for Dogs" at 6pm in the TV Room on the first floor of the Student Union Library Building. A barking contest will be held for kids. Free popcorn will be provided. Call 989-2369 for details.

Purdue Football Game Trip

On Saturday, September 19 from 8am to 4pm, the Office of Student Activities is sponsoring a trip to the Purdue vs. Northern Illinois football game at Ross-Ade Stadium at Purdue West Lafayette. Students pay only \$25 for round-trip bus transportation and game ticket. The price for others is \$52. For reservations, go to the Office of the Vice Chancellor for Student Affairs, LAWS-352. Cash and personal checks are accepted (sorry no credit cards). Call 989-2367 for details.

Anyone interested in publicizing events, organizations, clubs or departments in "What's Going On?" must submit briefs the Monday before publication. The Chronicle does not guarantee placement of briefs submitted.

Please limit submissions to four sentences and include the first and last name of the contact person.

Briefs may be submitted via e-mail at chronicle@calumet.purdue.edu or campus cc: mail - Chronicle or to the newsroom located in the Student Union and Library building, room 344H.

THE PURDUE UNIVERSITY CALUMET
CHRONICLE

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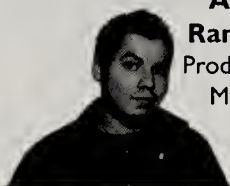
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Breathing is Socialist!

Adrian Ramirez
Production
Manager



For the better part of this past year, I believe I can safely say that I've heard about Barack Obama's quote/unquote "leery" citizenship credentials at least once daily. It could have been during an on-line discussion, or stated as "fact" by a famous loudmouth pundit (whose names have already been mentioned enough, I feel). But, in my opinion, this all has gone on for far too long.

First, we have to assume that this assertion is true. This has to mean that along the way someone messed up big time. You would assume that for such a high public office, such as President of the United States (POTUS), that the first thing they would check for heavily is whether or not that person is even legally allowed to serve.

Failing that, these various claims all seem to hold no water when put under even a modicum of scrutiny. Obama's is not American. Obama is a socialist. Obama has come from planet Krypton to enslave us all. The list really goes on, but what it all seems to point to is the process of discrediting and casting doubt on the abilities of an obviously qualified individual. At the bare minimum, Obama genuinely appears interested in doing a little something called "promoting the general welfare" (that's from the Constitution, wouldn't you know it!)

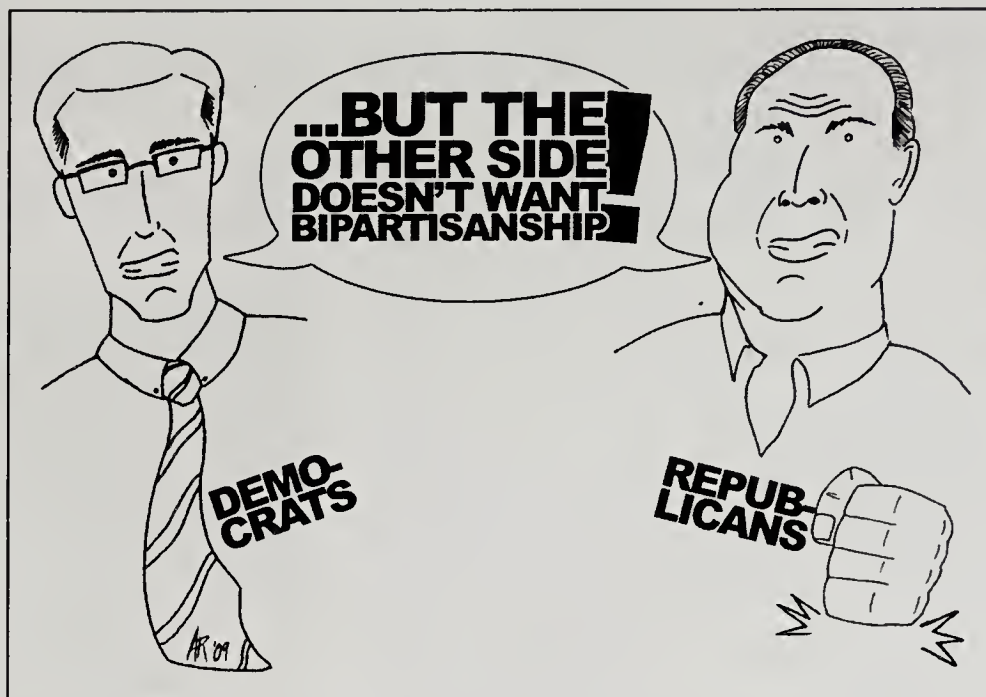
So where does that leave us? What is the root of everyone's problem with Barack Hussein Obama? Could it be that the people who seek to discredit our POTUS.

Other than Michael Steel and perhaps a small handful of others I've overlooked, Obama's detractors tend to be old, loud, white men who, it seems, use all of these other excuses to attack the him rather than, say, because of this race. Because, you know, that wouldn't be politically correct to have an objection with someone because of their race, but it's perfectly alright for them to make up foolish nonsense about a perfectly fine individual who happens to be our first black president.

That's why I'm hoping, I'm truly hoping, that President Obama comes on the news some day soon and advocates breathing because I can't wait to see how the pundits spin that one. What a glorious day that will be when these so-called journalists are called out on the words they spew from their hate-filled mouths.

"This just in, Obama endorses breathing, so everyone stop doing it because respiration is socialist!"

Have feedback? Readers can contact Adrian at chronicle.production@gmail.com or (219) 989-2547.



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Bipartisanship sans tragedy

The issue: Far too much stock is given to unimportant issues

Our opinion: "Get back to where ya' once belong!" - Paul McCartney

The time following Sept. 11 was unique as the attitude of the United States as the country appeared as a combined nation instead of a battle between Republicans vs. Democrats.

It's unfortunate that a monumental tragedy like Sept. 11 had to be the event that united the country into true bipartisanship instead of us as a country being able to figure it out on our own.

In today's era of politics, especially during the Obama administration, the country has taken an "us vs. them" stance when it comes to the political parties.

Events like tea parties have a strong anti-Obama undertone that appears to criticize the presi-

dent rather than making an effort to find common ground.

Issues like Obama's birth certificate and accusations that Obama is trying to turn our children into socialists seem to stray citizens away from discussing the real issues.

George W. Bush was plagued by a fair amount of nonsensical issues during his administration, including rumors that Bush was going to declare Marshal Law in an attempt to stay president as long as possible. Issues that attack one's character and personal life are spread in an attempt to discredit the president.

One cause for the problem is news stations artificially creat-

ing an atmosphere of hostility. Depending on which station the viewer watches, commentators bash the opposing political party instead of finding common issues they can agree on solutions to.

An event like 9/11 shouldn't have to be what sets the country into bipartisanship. This kind of action should be taken every day by you and me because it's the right thing to do regardless of the events happening around us. Morally, doing something that is right truly only counts if it comes from the bottom of the heart, and not as an insularly reaction that will fade away with time.

Comments?

Post a Letter to the Editor at pucchronicle.com

The Chronicle Editorial Policy

The views expressed in submitted commentaries and letters to the editor do not necessarily reflect the views of The Chronicle or Purdue University Calumet. The Chronicle is not an official publication of Purdue University Calumet. The Chronicle welcomes reader input. Letters and commentaries must include the writers name, class standing or other affiliation and a telephone number for verification. The more concise the letter, the better chance of publication. All materials submitted to The Chronicle become the property of The Chronicle. The Chronicle reserves the right to edit for clarity, accuracy, space and news style. Deadline for submissions is the Friday before the publication.

Everyone for themselves

LeAnne Munoz
Entertainment
Editor



When creating my fall schedule last semester, I wrestled with the idea of starting my Mondays with a class at 9:30am or 11am. The idea of sleeping in for a few extra hours seemed quite appealing, especially when thinking about the possibility of a cold winter and the warmth of my blankets. Inevitably, my scholastic side won out and I decided to pack in as many classes this semester as possible, even if it meant a class at 9:30am. However, an upside to my dilemma was that the earlier I came to school, the better the possibility of getting a good parking space.

When the first day of school came and I went to find my "closer" parking spot, it was nowhere to be found - the parking lot was so packed that even at 9:00am, I parked closer to the gym than to SULB. I resigned myself to my fate on the first day of school, and understood that walking was definitely going to be in my future this semester.

Possibly due to my silent frustration over my own parking situation, I began to notice the parking spots that are closer to the buildings - 15 minute parking, motorcycle parking, and handicapped parking. I understand why these spots are so close to buildings, especially in regards to the handicapped parking.

However, while walking through the CLO parking lot, I came across a car parked in a handicapped spot, with a girl artfully putting on her lipstick inside. Once finished, she slipped a handicapped sign onto her rear-view mirror, and got out of the car in model-like fashion; the only thing handicapping her being the oversized knockoff designer purse she was carrying, the cup of Starbucks she was holding, and the 4-inch high heels she was wearing.

This sight truly bothered me. Selfishly, my first thought was that it was unfair for someone without a handicap to be able to park so close to the building, while I had to hitch-hike just to get to class on time. Then I put aside my petty discrepancies and thought about the actual handicapped people that are having their parking spaces taken away, all because of self-centered people who have no respect for the situations of others.

I understand the term, "everyone for themselves," and I realize that in all likelihood this mentally will never change in regards to some people, but something should be done about this. If not only to let these disgraceful people know that the world does not bend to their whims, Purdue police should fine those who are not handicapped and caught using a handicapped sign/space.

This situation is not only a matter of disciplining the people who try to cheat the system to get what they want, but it is a matter of right and wrong, and a matter of do unto others as you would have them do unto you.

Have feedback? Readers can contact LeAnne at chronicle_entertainment@yahoo.com or (219) 989-2547.

Former 'Idol' Jordin Sparks shines through in 'Battlefield'

Maria Gonzalez
Staff Writer

As many may or may not know, former American Idol winner, Jordin Sparks has recently released her second album entitled "Battlefield." Sparks' first CD was a pure breath of fresh air, and this second album does a wonderful job living up to those expectations.

This album came out in mid-July, which is the perfect time for the message Sparks wanted to convey. We are all familiar with the saying, 'summer love' but summer is also the time for summer break ups, and this album has music great for those in a rocky relationship, healing from a break up, or even those wondering, 'why did we break up?' "Battlefield" contains twelve rock and pop songs with a twist of R&B added to the mix. This album helps individuals recovering from break ups in such a phenomenal way.

Despite the fact that Jordin Sparks has never had a boyfriend,

she sings with heartfelt passion and tenderness. Each song contains a message embedded with truthfulness sung from the heart. Jordin's voice is pure, delightful, and just as refreshing as when she sang for the first time on American Idol.

"Was I The Only One" is a song of heartfelt sorrow with a desire to know the answer of such a difficult question. Jordin Sparks delivers the strong vocals needed to express the sorrow in the lyrics, and her singing becomes stronger and her words more powerful as the song continues its slow tempo.

However, Jordin's song, "The Cure," did not contain as inspirational a message as the other songs, promoting the message of being happy to accept becoming a "rebound" person. Sparks would have been much better to instead mention that while many of us may feel a level of affection for a certain person, it is never wise to put your heart on the line and accept being nothing more than a "rebound" partner. Some other songs,

such as, "S.O.S. (Let The Music Play)," are lively and upbeat, and is a great dance number for feeling good with or without your significant other.

Other songs such as "Faith" are encouraging and give a lot of emotional support to those having a hard time with their break up. Another favorite is "Walking On Snow," which is about having the confidence in oneself to move forward to something or someone better, versus holding on to the past where one was unappreciated. These songs are delivered with a lot of passion and soul. Aside from truthful lyrics, "Battlefield" has a catchy, soothing sound and is ideal for both men and women. It is difficult to resist the temptation to sing along, especially with the honest perspective shown within.

All in all, this CD is worth the purchase. The truthful lyrics, captivating beat, and a purely authentic voice leave no room for any regrets with Jordin Sparks', "Battlefield" album, which contains twelve songs, unless



media.herald-dispatch.com

you purchase the deluxe version, which contains two extra songs, bonus materials, and a DVD. The extra songs are just as powerful and beautifully sung as the rest of the album. For the lowest

price, the best spot to purchase Jordin Sparks' "Battlefield" album or deluxe edition is Wal-Mart or FYE. Unlike a break up, purchasing "Battlefield" is one choice that isn't difficult to make.

Keep organized all year 'round

LeAnne Munoz
Entertainment Editor

Everyone knows about "Spring Cleaning," a time where people de-clutter their lives by getting rid of the old and making room for the new. People begin spring cleaning for a myriad of reasons, but the main concern when making the sometimes-scary attempt to sift through a room is due to space. Unfortunately, after a summer of having fun, collecting unnecessarily large stuffed animals from county fairs, buying flip-flops in all the colors of the rainbow, or even just being downright too lazy to clean, the need for "Fall Cleaning" can be necessary.

Organization is the key to making any room feel cozier and less cluttered. Picking up tall or short bookcases can help any book lover to not only know just where to go to get their favorite go-to-novel, but can also help a messy bedroom or living room look a little more put together. Rolling and under-the-bed/couch storage bins are also another great way to maximize the space in any room, because they can easily be concealed and are usually deep enough to hold an abundance of items.

If the organization of a closet is an issue, these bookcases can also help by creating a nice area for folded-up clothes that are not often in use.

Another great idea for closet confusion is to install a shelving system. If only a small space is available, these shelves can help anyone to house accessories or shoes, and if a larger space is available, the sky is the limit as to what or how much is able to be folded up and put away. As a cheap trick, adding plastic shoe containers or hat boxes to a closet can help to hide anything that is not being used, all while giving it a pretty and sophisticated look.

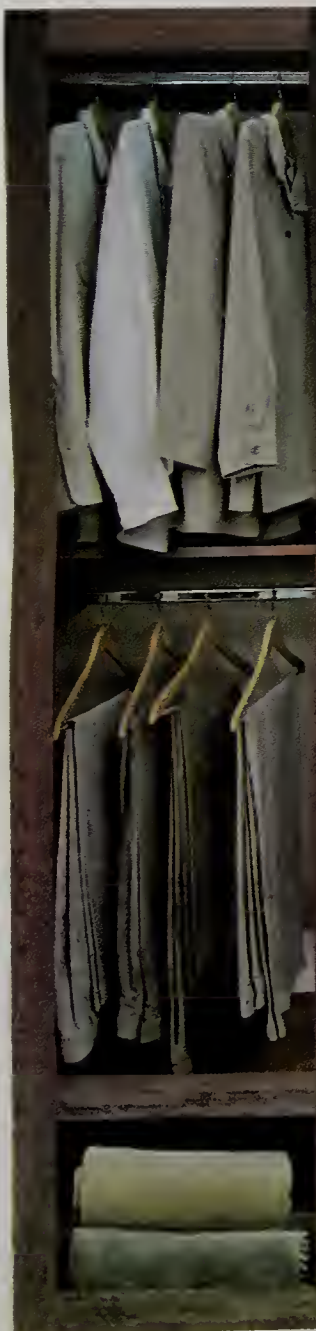
For a sneaky take on storage, try items such as storage benches and seats. These items not only allow for extra seating for guests, but the tops are able to open up to allow storage for items such as extra blankets or pillows.

Home offices can get cluttered easily, but by adding nice-looking file boxes and holders, any desk can look more professional in seconds. For a functional and easily concealable work space, use an armoire to house any office needs. Not only is this a great way to have a one-stop place for all work needs, but it also allows for the doors to close and clutter to be concealed once guests stop by.

For kitchens that lack space, paying extra money to install built-ins, such as cabinets or seating, is not only a great way to have extra storage, but also gives the room a nice homey atmosphere. Also, don't be afraid to go overhead, by installing an over-head pot rack to keep them out of the cabinets and easily accessible. Remember, hanging items, such as pot racks or "floating" storage bins are utilizing the space within a room without taking away floor space, which is extremely helpful for small spaces.

If money is scarce but the issue of small space still weighs heavily on the mind, painting the room with a bright color and vibrant white trim can trick the eye into believing the room is actually bigger than it appears to be. Also, adding tall accessories to each corner of the room, such as a bookcase or floor lamp, makes a room seem more even and elongated.

Keeping a room organized is easier than it seems. As long as the person doing the organizing takes time to really consider what is worth keeping and what is not, and puts the right amount of work into the upkeep of a specific room, life can be clutter-free!



Viral Videos

Nathyn Gibson
Editor-in-Chief

Adrian Ramirez
Production Manager



365 Days of Working Out
<http://www.collegehumor.com/video/1920870>

This slideshow shows an out-of-shape man who gets in shape in the span of a year. Apparently, working out also makes him orange.



Awesome Internet Fail Compilation
<http://www.break.com/break-best-videos/awesome-internet-fails-compilation.html>

According to the title, some "fail" videos are good, but a compilation of fail videos is awesome.



Paramore - Use Somebody (Kings of Leon cover)
http://www.youtube.com/watch?v=qXk_KVNtntI

From the BBC radio show "Live Lounge," Paramore performs an acoustic version of Kings of Leon's hit "Use Somebody."



Marek Brave Misses Shooting Star Press
<http://www.youtube.com/watch?v=2lJeEqC-7sY>

In tribute of the closing of WHA MS, we present the clip of one of the most offbeat moments in the company's history. Marek Brave attempts a shooting star press and botches the move.



Dumb Cat Can't Figure Out How To Drink
<http://www.break.com/index/dumb-cat-cant-figure-out-how-to-drink.html>

Even though some cats hate water, some will have to suck it up if they don't know how to drink.



Dumbest Girls Ever Steal Girl Scout's Money
<http://www.youtube.com/watch?v=ihLBCbNIDbI>

This interview from a year ago, seems to prove the de-evolution of common decency. The two girls in the video get complain about the charges they receive after robbing a girl scout who was selling cookies.

LeAnne Munoz
Entertainment Editor

Colder weather is fast approaching, which not only brings hot cocoa, warm blankets, and the favorite sweater that has been hiding in the back closet for months, but also the possibility of getting sick.

With the H1N1 "Swine" Flu seemingly lurking around every corner, it is wise to take precautions to avoid getting a sickness of any sort, and the following are helpful hints on how to stay on top of the weather rather than under it.

Wash your hands • Signs are posted in all of the bathrooms around campus that remind everyone to wash their hands, a notion that everyone should take more seriously. Frequently washing your hands for at least 20 seconds with warm water and soap will help kill germs that could lead to sickness. As a quicker alternative, using a hand sanitizer with an alcohol content of at least 60 percent can also help to ward off flu-causing germs.

Drink water • Drinking at least 8 glasses of water a day helps to keep your body hydrated, which is essential to keeping an immune system fully functional. Simply carrying a water bottle around with you is a good way to not only get the water you need,

but might also help you avoid purchasing sugary drinks that can actually dehydrate you.

Stay active • Exercising regularly (at least 30 minutes a day) will not only help to keep your body in shape, but can also help to increase the body's virus-killing cells. Exercising outside in nice weather can help keep you away from re-circulated germ air, as well as helping to dehydrate indoor heating systems.

Quit • Quitting smoking is one of the best things a person can do to not only help build your immunity within only a few weeks of quitting, but can also help lengthen your life. Also, Nicotine is a stimulant that increases the stress level of a person's body, and stress breaks down a person's immune system over time; so quitting smoking not only keeps you living longer, but also helps you enjoy your life stress-free.

Keep clean • Cleaning or disinfecting items that you use often is a way to keep yourself healthy. Even if you are the only person who uses something, it is still possible to continuously re-infect yourself. Cleaning off your

Health & Fitness corner



cell phone or cleaning off your keyboard with bacteria-killing products such as Lysol or Clorox wipes can help kill up to 99 percent of germs that collect on everyday objects.

Think of you • While missing classes and not going to work is not great to do often, sometimes it is necessary. Staying home because you are sick is the best thing you can do if you do not wish to prolong your illness. Sickness lowers a person's immune system, which can make them even more susceptible to other problems that may come their way. Doing so also puts everyone else at risk of getting the sickness as well. So, do yourself and everyone else a favor by just staying home.

We are ready for YOU!



The 2009-2010 academic year ushers in a very exciting time for Purdue University Calumet. Phase II of The University Village community will open its doors for the very first time and will nearly double the on-campus population of The University Village community on Purdue University Calumet's campus.

Apply now for the opportunity to live on-campus!

To apply, go to www.calumet.purdue.edu/housing or call us for a contract packet at 219.989.4150



Living well at Purdue Calumet

Andrea Drac
Staff Reporter

With computer labs, a library, cafeteria, fitness center, large classrooms, lounges, and more, PUC provides a lot for students living on and off campus. But, one service that is often overlooked is the PUC Health Clinic.

The PUC Health Clinic, known as the Student Health Services Center is opening its doors for another school year. The SHSC offers students primary care and prevention services. With the Swine Flu outbreak on everyone's minds, this is most important.

According to the SHSC, there are currently seven students

that are being treated this week for flu-like symptoms that are similar to the Swine Flu or the H1N1 influenza. The students, according to the SHSC, have been treated. H1N1 is very contagious and can be spread at anytime just by sneezing, coughing, etc and can spread easily around college campuses.

"I cannot overemphasize the importance of exercising precaution and good health habits now that we are back to having a full campus of students, faculty and staff," said PUC health services director Maureen Panares.

Also, according to Panares, it is good to enforce good health habits to prevent the Swine

Flu from entering your system. Simple things such as frequently washing your hands, covering your nose and mouth when you sneeze and refraining from touching your eyes, mouth and nose will help. Also, staying home for at least 24 hours after you've gotten over a fever helps.

When a student visits the SHSC, she/he can be referred to other health care professionals in the area if further evaluation or treatment is needed. According to the SHSC, they will work with the Fitness and Wellness Center to expand services and provide follow-up for health screenings. The SHSC also works hand-in-hand with the PUC counseling center.

"We work very closely with the Health Clinic," said Dr. Kenneth Jackson, Director of the Counseling Center. "We come to work without ego, with only the student's best interests in mind."

According to the SHSC secretary, Kim Kleckner, the SHSC is swamped with people from the University Village receiving vaccines and other medical attention. However, all students are welcomed by the Counseling Center.

"While we do have students that take advantage of our services, we are underutilized," said Dr. Jackson. "We offer a wide variety of services, and we advocate self-education."

There is currently no charge for the Counseling Center; however, there is a charge for services offered at the SHSC. Currently, office visits are \$20. According to the SHSC, their services include but are not limited to general physicals, gynecological exams, laboratory analysis, minor surgical procedures, acute and chronic care for non-emergency conditions, such as asthma, hypertension, and diabetes. According to the SHSC, they will not accept any money at the time of service, so all charges will be applied to the student's PUID card.

Helping others, making a difference

Joelle Halon
Chronicle Correspondent

Peer mentoring is one of PUC's best kept secrets. Although many students are aware of the tutoring services PUC has to offer, few know about the mentoring services that are offered to Jefferson Elementary School students and International students. College Mentoring for Kids and the English Language Program, have been running at PUC over the course of several semesters, and each have uniquely enriched the lives of students at both Jefferson and at PUC.

CMFK works with first through fourth grade students at Jefferson Elementary School, located in Hammond, Indiana. From September to March, mentors from PUC meet with children from Jefferson every Wednesday from 3:30 to 5:30PM.

CMFK is a program that offers structured, substantive activities designed to yield specific results regarding youth development and educational achievement, according to activity director Michelle Luttell. In past semesters, mentors have worked with the kids on diversity, health and fitness, and science activities. Luttell, along with the program's president, Amanda Kahle, mention that some of the activities the children participate in like lemonade stands teach the children about functions of

a business or the economy, and community service projects like planting trees or picking up litter around campus.

Mentors and their 'buddies' have a scavenger hunt on campus scheduled for October 14, where the kids have to search for ten items that are sprinkled throughout campus. On October 28, the kids will hold a lemonade stand on the first floor of CLO, an activity that teaches economics.

In addition to CMFK, ELP also offers mentoring to PUC's International students. The ELP is run by Professor Mohammed Errihani, from the English department. ELP mentors help international students with language proficiency and to overcome cultural boundaries that limited English may create during their tenure in America. ELP mentors and students also get to participate in various field trips, which are designed to help students learn more about American culture. In addition to these activities, mentors also have the opportunity to work in the classroom and help ELP students with English writing, reading, and speaking.

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For students interested in working for CMFK visit collegementors.org/Chapter-purduecalumet.asp and follow the on screen guide for filling out the application.

Mentoring for CMFK is volunteer-based, and program coordinators are willing to work around schedules for students who leave class at 3:30PM or have class at 5:30PM on Wednesdays.

ELP, mentors are required to take a credit-course for training. Positions for ELP mentoring are paid positions, so space is limited. For more information about the program, call 1-800-HI-PURDUE.

How to live well at PUC

The Counseling Center
Gyte, Room 005
Monday 8am-7pm
Tuesday-Friday 8am-5pm
calumet.purdue.edu/counseling

The SHSC
Gyte, Room 034
Monday 7am-3pm
Tuesday & Thursday 11am-5pm
Wednesday 9am-3pm
Friday 7am-11am
calumet.purdue.edu/healthcenter

IS

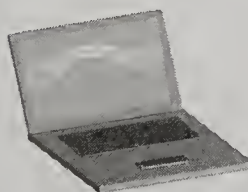
Connection

Information Services at Purdue University Calumet

Netbook or Laptop?

With technology moving at a steady pace, new and innovative ways of transferring information has become a constant in our everyday life.

The students here at Purdue University Calumet and other universities have been carrying their notebook computers to class for quite some time but the computer manufacturing industry in association with 3G network providers have found a "better" way to keep students connected. Many of the local 3G companies have begun offering contracts to make the practical, affordable Netbook even more affordable to students. Netbook service contracts,



not unlike current mobile phone service contracts, are offered at a seemingly reasonable monthly rate. It is possible for someone to purchase a Netbook from their ISP and be connected virtually anywhere that their 3G network is available. Currently, the going rate for Netbooks ranges in price from \$200.00-\$500.00 but with a 3G plan you could purchase an otherwise high-end Netbook for under \$200.00. Of course, when on campus, students do have the option to connect with PUC's Calnet2 Wireless network.

Why would anyone purchase a Netbook when their laptop has all the features of a Netbook and more? Students would benefit from this investment not only because of the lower price range, but also because Netbooks are less bulky and could easily be stuffed into a purse or backpack without adding 5-8 lbs to their already heavy load of books and supplies. Taking hand-written notes would be a thing of the past for those reluctant to carry their more expensive laptop to campus.

Netbooks are designed primarily with the intention of its owner being wireless. They are stripped-down mini-laptops running on a slimmed down version of Microsoft Windows XP or Linux. Netbooks will typically have a 1.6GHz Intel Atom N270 processor and a memory capacity range of about 256MB to 1GB.

It's true that Netbooks do not replace laptops fully at this point, but they are a great supplemental tool.

Your feedback on our services is always welcome. Please send your comments to Customer Service Center at csc@calumet.purdue.edu.

Some added incentive would be nice



Casey Brandon
Sports Editor

The discussion about adding an extra bonus to the home run derby is interesting. It pushed the boundaries of awarding intramural winners. Basically Matt Dudzik, the Intramural sports coordinator, talked about the possibility of having the winner of the derby maybe get an added bonus of doing something with the Gary Southshore RailCats Baseball Team.

What if intramural winners had more incentive to win?

Dudzik already has said since he took over the program, numbers of competitions and participants have increased. Numbers could swell even more if the right incentive was added.

While intramurals, in general, are around for the portion of the student body, faculty, and staff that like being active have a reason to do so; its not like they are collegiate sports.

A possible vision to have would be extra incentive to win.

What if the intramurals that are defined as a team sport had the winners visit Chancellor Cohen at his house or even Hammond Mayor Thomas McDermott at his. If teams win the Super Bowl or the World Series or NBA Finals get to visit the President in the White House, why can't the flag football winner visit with Cohen or McDermott in their home?

An idea for competitions that don't involve teams could have the winner get a part of the fitness recreation center named after them. Maybe go as far as to name individual parking spaces on campus after the winner. Who doesn't want a personalized parking spaces even if you can't park in it?

There are endless possibilities for incentives.

The winner of the Hostess cupcake eating competitions should get a life size bust made of him for the cafeteria. It would be placed in the center of the room and all who see it would know cup cake eating champs prowess.

Dudzik should consider talking to the Student Government Association. Having the power to draft nonsensical legislation like the textbook affordability act would fall right in line with the previously mentioned intramural ideas. It's just that intramurals would actually get students excited about something and not give them false hope.

Pro Sports Notebook

NFL

Donavan McNabb of the Philadelphia Eagles suffered a fractured rib on his lower left side. It is unknown how long the injury will sideline the quarterback

NHL

Drew Stafford has been signed to a two year deal with the Buffalo Sabres. The contract is reportedly \$4 million.

MLB

Alfonso Soriano plans to have arthroscopic knee surgery on his left knee this week to clean up fragments in his knee. The surgery will be done by Dr. Stephen Gryzlo at Northwestern Hospital. The surgery will more-than-likely end Soriano's season.

Boxing

Roniel Iglesias Sotolongo defeated Frankie Gomez 8-2 at the world boxing championships. Gomez was the only American to make it into the finals.

MMA

Randy Couture and Brandon Vera have agreed to fight each other to UFC 105, which will take place in Manchester, England on Nov. 14. Matches that are officially announced include Michael Bisping vs. Denis Kang and Dan Hardy vs. Dong Hyun Kim.

Chronicle illustration by Adrian Ramirez

NATIONAL LAMPOON SPORTS MINUTE

Written by Steve Hofstetter, Keith Alberstadt, Ryan Murphy and Chris Strait

Brett Favre has said that he'd gladly take a game off in 2009 if his health were to become a hindrance to Minnesota's success. And you know Favre, he's a man of his word.

Derek Jeter tied Lou Gehrig for most hits as a New York Yankee. However, Lou Gehrig never got to face the Kansas City Royals.

The New York Yankees recently offered fans free prostate exams. The exams simulate what it's like finding a parking spot near the stadium.

The New Jersey Nets recently unveiled a revamped design for their new arena in Brooklyn. The state of the art facility will have glass walls, a public plaza, and ample seating for all seven of the team's fans.

Ben Roethlisberger's accuser is demanding a list of every single woman he has ever had sex with. Might we suggest she start with the Pittsburgh phonebook.

Bob Barker recently hosted WWE's Monday Night Raw. Where he reminded America to get our wrestlers spayed and neutered.

NFL commissioner Roger Goodell has expressed interest in having a team in London. Detroit residents have nominated the Lions.

Pat Riley says he's fully behind troubled forward Michael Beasley. That's a good place to stand, in case he makes any sudden moves.

The Washington Nationals have added five players to their expanded roster. The players are excited to be called up to the minors.

Chris Henry has said he'd like to finish his career with the Cincinnati Bengals. In related news, Chris Henry might be drinking again.

And finally, Dennis Rodman attended Ricky Williams' wedding. It got awkward when Rodman and the bride showed up in the same dress.

September 2009 Intramurals

Open Play Dodgeball

Dates: September 14th & 17th
All games will take place in the gym from 7:30-9pm

Open Play Bocce Ball

Date: Tuesday, September 15th at 6:30pm
Location: Grassy area between Gyte & Lawshe
Learn the game or just play some pick-up games

Home Run Derby

Date: Wednesday, September 16th @ 7pm
Location: PUC Gym
We will be using wiffleballs

Flag Football:

Call out Meeting: Monday, September 21st @ 6:30pm
Meeting required for all team captains
Season starts: September 28th
All games to be played on Monday & Wednesday nights

Frisbee Golf (Night Frolf):

Date: Tuesday, September 22nd @ 7pm
Location: Knickerbocker Park (2 blocks west of campus on 173rd)
We will use glow-in-the dark Frisbees
Pizza & Root Beer after tournament for all who participate

Volleyball

Season Starts: Thursday, September 24th
Entry Deadline: Sept. 21st
All games to be played in PUC Gym on Thursday nights

Eating Contest:

Date: Tuesday, September 29th @ 7pm
Discipline: Cupcakes (Hostess)
Entry Deadline: Sept. 24th

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Gaskin motivated to compete

Zack Heridia
Chronicle Correspondent

Although the women's basketball season is still a few months away, open gyms and workouts have begun. In these unofficial practices, freshman Amanda Gaskin has been motivated to compete.

Her work ethic, team-first mentality and defensive presence are well presented as she sprints the length of the court to steal the ball, defend the team's best players, and create opportunities for her teammates. According to fellow freshman and roommate Alex Star, Gaskin is working hard both on and off the court to bond with the team and keep them motivated.

"We eat dinner together a lot," Starr, who is a biology major, said. "Everyone who lives in the dorm gets together and has dinner. When we can, the

whole team gets together so we can spend more time together and just have a good time." Starr went on to say of Gaskin, "She's a great player. She's really athletic and an excellent defender. She can do anything. If you get her the ball she can shoot it in but the thing that she's really good at is defending and motivating. She pushes us all. We go hard every day. We might be teammates but on the court we all strive for better."

It's not surprising that Starr sees Gaskin as a strong defender. Her defensive superiority is one of the reasons coach Tom Megyesi recruited her.

"When I saw her play South Bend Washington in the semi-state last year, she was put on the best player they had. Skylar Diggins was one of the best players in the nation last season. All season she was guarding the other team's best player."

Skylar Diggins was the 2009

Naismith National High School Player of the Year and All-America selection. While Diggins will be playing for Notre Dame, Purdue Calumet has the gift of Gaskin, whose skills are not limited to defense and enthusiasm. She also is a team player. Gaskin said that she pushes her teammates and feeds them the ball when possible.

"I just try to bring enthusiasm, defensive presence, good work ethic. I'm trying to keep my teammates positive. And they know they can rely on me. I always let them know that I can do whatever they need me to. I won't let them down," Gaskin said. "Coach tells us 'win every day.' I think that's important. On the court, with my teammates and roommates, in class we can win every day. Whether it's getting to class early or getting homework done early or working hard in practice I think I can help us win every day."

Purdue Calumet's women's basketball team will continue open gym practices until regular practices begin in Mid-October.

Amanda Gaskin

In the post-season tournament, Gaskin averaged 10.6 points and 7.3 rebounds per game. As a senior she averaged 8.4 points, 6.1 rebounds and 2.2 steals per game for the 21-3 Arabians. Gaskin also led her team in rebounding, and hit 50 percent of her shots from the field in her final high school season.

With the bonding, enthusiasm and defensive skills of Amanda Gaskin it appears that the whole team will gain from her addition.



Chronicle photo by Nathyn D. Gibson

Arvay looks to 'three-peat' in home run derby



Chronicle file photo

"I want to beat my numbers from last year" says Justin Arvey

Casey Brandon
Sports Editor

Balls will be flying once again in the fitness center when the wiffle ball home run derby intramural commences. This year marks the fifth year the derby has been an intramural competition.

Justin Arvey, the previous winner the past two years is looking to go back-to-back-to-back winning the home run derby for a third year. Arvey is a senior majoring in fitness management.

"I want to beat my numbers

from last year. I didn't hit any home runs in the first round," Arvey said.

Arvey said he will compete this year and looked to compete next year before he graduates.

"This year a bunch of my buddies are competing and I look forward to beating them so I can talk smack," Arvey said.

The home run derby usually attracts between 12 and 15 competitors said Matt Dudzik, intramural sports coordinator.

"Usually when people come out and play any intramural like

volleyball or flag football or the home run derby a first time they get hooked on it," Dudzik said.

Dudzik might add some incentive for the home run derby winner. One option discussed would be to possibly contact the Gary RailCats minor League baseball team to see if the winner could be mentioned in a game or even get a try out with the team.

Arvey said another idea would be throwing out the first pitch at a game for the RailCats.

Budget for FRC gets a bit sweeter

Casey Brandon
Sports Editor

A few Improvements are on able to be funded this year in the weight room portion of the Fitness Recreation Center. New cardio machines will be added, as well as, a new floor for the weight room.

This year the FRC received funding from the Student Service Fee Committee as well as the universities building renovation fund. John Bobalik runs the fitness program for the university said the FRC received roughly \$40,000 from one fund and \$40,000 from the other.

The \$40,000 from the building renovation fund, will provide the money to put in a state of the art rubber floor for the weight room Bobalik added. The new floor will be installed the week of December 21, right after finals week this semester.

"It will last forever, it's as good as they have down in West Lafayette," Bobalik said.

The new cardio machines will be added as well. The total number has yet to be determined. Bobalik said the fitness center would like to phase out the hill time stepping machines, because students don't really use them. He added we would like to bring in new machines like cross trainers and treadmills.

Kemuel Hawkins, mental health grad student with 2 years part of the fitness center staff, said some people might have been

discouraged from joining the FRC.

"We only have 4 elliptical machines. Some people are only able to come in during peak hours and can't get on a machine they want," Hawkins said.

In previous years the FRC has been able to break even budget wise with little money left over John Bobalik said, FRC manager.

"We would always have to go to the Student Services Fee Committee, and ask them for student service fee money," Bobalik said.

Usually the fitness center would receive between \$30,000 and \$40,000 dollars to replace broken equipment Bobalik said. He went on to say, once the Student Health Center surfaced and there was not enough money to continue to fund it, committee funds went instead to the Student Health Center.

"It wasn't as if they [the committee] didn't want to give us any money, they [the committee] just wanted to keep the student Health Center Going," Bobalik said.

Political Science and history major, Senior Mike Myers, said as long as the equipment worked he was ok.

"If you live on campus the FRC is convenient. It's not a bad facility, but does need a little work," said Ashley Eaves, a sophomore majoring in communication with a Spanish minor.